# My 'Umrah

### MADE EASY AND SIMPLE

# Steps for making 'Umrah in order with rulings for each action.

s.	The action			Details	The ruling for
٥.	THE ACTION	S.	Ruling	The action	Violation
1	The first pillar Ihraam	2	Sunnah	Bathing, and cleaning. Using perfume (for men before entering into rituals).  Wearing a white clean two-piece garment consisting of <i>izar</i> [for the lower part of the body] and <i>ridaa</i> '[for the upper part of the body]. Women can wear any suitable garment so long as it is not decorative or showy.	Nothing Nothing
		3	Compulsory	To make invocation for intending to make 'Umrah at the point of passing the meeqat by saying: "Labbayk 'umratan," or "Labbayk Allahumma 'umratan."	Return to Meeqat or make an
	Ihram is to intend to make 'Umrah and entering into the state for making the rituals.	4	Sunnah	To enter into state of Ihram after a prayer; this can be after one of the compulsory prayers, if not, then after praying a prescribed prayer such as the two raka'as after making ablution.	expiation  Nothing
		5	Disliked	To make the intention for 'Umrah before reaching the meeqat.	Nothing
		6	Legislated	To stipulate a condition if one fears not being able to complete the rites of 'Umrah because of sickness or other reasons by saying: "Allahumma labbayk 'umratan fa'in habasany haabisun famah-hilli haythu habastany." There is no need to say this for one who does not fear being prevented.	See (1)
		7	Permissible	Putting on Ihraam somewhere other than the Meeqat Mosque.	Nothing
		8	Sunnah	Reciting the Talbiyah [Labayk Allahumma labbayk], loudly for men, after beginning 'Umrah.	Nothing - See (2)
	The Second Pillar  Attawaaf  Seven rounds are to be made in Tawaaf	2	Sunnah Compulsory	Taking a bath upon entering Makkah.  To be in a state of purity upon beginning the Tawaf.	Nothing Tawaaf is invalid
		3	Sunnah	To enter the Holy Mosque with the right foot while saying; "Bismillah, wassalaatu wasalaamu 'ala rasoolillah. Allaahumma ighfir lee thunoobi waftah lee abwaaba rahmatik! A'oothoo billahil 'aatheem wa bi wajhihil kareem wa bi sultaanihil qadeem minash-shaytaan-nir-rajeem!".	Nothing
		4	Sunnah	To continue saying the Talbiyah from the time of entering the state of Ihraam until starting tawaaf.	Nothing
		5	Compulsory	To begin making Tawaaf from the corner of the Black Stone, keeping the Ka'aba on one's left side.	Action doesn't count. [Must be done as prescribed]
		6	Sunnah	To touch or kiss the Black Stone in every round or to point to it with the right hand or with an object without kissing it saying: "Allahu Akbar!" He should say this on completion of the seventh round as well.	Nothing
2		7	Sunnah	To jog or walk quickly for the first three rounds of tawaaf (not for women).  Tucking the middle of the Ihram garment under his right armpit exposing	Nothing
		8	Sunnah	his right shoulder during the first three rounds of tawaaf. However, He should not pray while his shoulder is uncovered.	Nothing
		9	Sunnah	To touch the Yemeni Corner of the Ka'bah if possible with the right hand, but not kiss it. If that is not possible, he should pass it without takbeer or pointing to it.	Nothing
		10	Permissible	He can stop during tawaaf in order to pray a compulsory or funeral prayer, to renew his ablution or move to another floor of the mosque so long as there is not a long pause in the tawaaf.	Nothing
		11	Sunnah	To say between the Yemeni corner and the Black Stone: "Rabbana aatina fiddunya hasanatan wa fil aakhirati hasanatan wa qinnaa 'adhaaban naar!"	Nothing
		12	Sunnah	Making du'a in the rounds of Tawaaf. There is no specific du'a for every round.	Nothing
	(Sunnah)  Praving behind the station of Abraham (Maqaam Ibraaheem),	1	Permissible	Covering the two shoulders after completing Tawaaf, and this is legislated when praying.	Nothing
		2	Sunnah	To pray two raka'as behind Maqaam Ibraaheem after completing tawaaf.	Nothing
		3	Sunnah	To recite at the maqaam the verse; "wattakhidhoo min maqaami Ibraahima musalla."	Nothing
3		4	Permissible	To pray two raka'as at the end of making tawaaf in any part of the Holy Mosque.	Nothing
		5	Sunnah	To recite after Al Faattiha in the first rak'a "Qul ya ayyuha alkafiroon" and in the second "Qul huwa Allahu ahad .	Nothing
	and drinking Zam Zam	6	Sunnah	To drink Zamzam water until one is filled and make du'a when drinking it	Nothing
	water	7	Sunnah	To go back and touch the Black Stone after praying two rak'as, if possible. If that is not possible, then he continues on, without pointing to it.	Nothing
4	The Third Pillar  As-Sa'i  Making 7 rounds. (Going to one mountain is one round and returning is another.)	1	Sunnah	When one approaches Safa for the first round to recite the verse: "Inna assafa walmarwata min sh'aa-irillah" then to say: "Abda'-u- bima bad-a Allahu bihi."	Nothing
		2	Sunnah	To climb up the mounts of Safa and Marwa (One can also stand at their bases without climbing up.)	Nothing
		3	Sunnah	To climb on Safa and Marwa, face the qibla, raise ones' hands, and recite the following supplication three times and make du'a between each time; "Alhamdulillah. Allahu akbar, laa ilaaha ila lahu wahdahu laa shareeka lah, lahul mulku wa lahul hamdu, wa huwa 'ala kulli shay-in qadeer. Laa ilaaha illa llah wahdahu, anjaza wa'dahu, wa nasara 'abdahu, wa hazamal ahzaabu wahdah." This is also recited after the final round.	Nothing
		4	Sunnah	To jog between the two green lights. (Men only)	Nothing
		5	Sunnah	To supplicate while making Sa'i [going between Safa and Marwa]. There is no specific supplication narrated for each round.	Nothing
		6	Permissible	To stop to pray a compulsory or funeral prayer, renew ablution or go to another floor of the Holy Mosque, so long as the pause is not long.	Nothing
		7	Sunnah	To make the rounds between Safa and Marwa (Sa'i) in a state of purity (wudhu). This is recommended, but not compulsory.	Nothing
	(Compulsory)	1	Compulsory	Shaving or cutting hair on completion of 'Umrah. (Women have to cut only a fingertip's lengh of hair from each braid.)	He makes an expiation
5	To shave or cut hair	2	Sunnah	Shaving hair for men (preferable based on hadeeth) The Prophet prayed three times for mercy to come to those who shave, and one time for those who cut the hair.	Nothing if he chooses to cut his hair short.



★ It is prohibited to do certain things while in Ihram.

#### \* Prohibited actions while in Ihram

S.	Prohibitions
1	Removal of hair from the
	head or anywhere else
2	Clipping fingernails
3	Putting on perfume
4	All preludes to sexual
-	intercourse
5	Hunting animals
6	Contracting marriage
7	Sexual intercourse
	Wearing stitched
8	garments (Prohibited for
	men).
9	Covering the head
,	(Prohibited for men).
10	Wearing Niqaab
10	(Prohibited for women).
11	Wearing gloves
11	(Prohibited for women).

(1) If a pilgrim makes a condition in his intention as a precaution in case he is prevented from completing a rite and is not able to complete that rite, then there is nothing on him, but if he does not make such a condition, and he is unable to complete the rite, then he must offer an expiation (slaughtering a sacrificial animal, or if unable, fasting for10 days).

(2) The description of the Talbiyah: Labbayk Allahumma labbayk, labbayka laa shareeka laka labbayk, innal hamda Wan-ni'mata, laka wal mulk, laa shareeka lak!

## 🗎 Guidelines for Tawaf and Sa'i :

A Muslim should do Tawaaf and Sa'i submissively and prayerfully with wholehearted devotion, and attempt to invoke within his heart the Majesty [of God] whose House he is circling. He should also exert much effort in supplication and remembrance of Allah.

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